



Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
<b>ofovo!</b> <b>Pasta!</b> Choice of two daily pastas, alternating daily sauces, baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)					Students must choose at least 3 of the 5 components available for the school lunch price.  - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ¼ cup serving of fruit or vegetable must accompany a reimbursable lunch.
		1  Macaroni & Cheese or Kielbasa Sandwich  <b>FEATURED VEGGIES</b> Glazed Carrots Fresh Salad	2  Grilled Cheese Sandwich or Hot Dog on a Roll  <b>FEATURED VEGGIES</b> Tomato Soup Celery Sticks	3  Popcorn Chicken Mashed Potato Bowl with Roll or Pizza  <b>FEATURED VEGGIES</b> Steamed Corn Mashed Potatoes	
<b>ofovo!</b> <b>Pobiano's Mex-American!</b> Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, and nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)					<b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry
6  Chicken Nuggets or Meatball Sub  <b>FEATURED VEGGIES</b> French Fries Fresh Pepper Strips	7  Turkey & Cheese Melt on Croissant Or Chicken Ranch Wrap  <b>FEATURED VEGGIES</b> Pierogies Fresh Broccoli	8  Corn Dog Or Cowboy Burger  <b>FEATURED VEGGIES</b> French Fries Carrot Sticks	9  Cheesesteak Or Sausage Sandwich  <b>FEATURED VEGGIES</b> Tator Tots Fresh Cucumbers	10  Pizza or Subs  <b>FEATURED VEGGIES</b> Chips Fresh Veggie	
<b>ofovo!</b> <b>Cyclone Street Noodles!</b> Lo mein noodles served with choice of chicken or pork, stir-fry cabbage, sautéed red pepper, veggie stir-fry, or steamed broccoli. Tossed with sweet chili, soy garlic, or orange sauce. Customizable for (V)					<b>Daily Alternates</b> Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches & Wraps
13  No School  Columbus Day	14  Chicken Tenders Or Ham & Cheese Sandwich  <b>FEATURED VEGGIES</b> Buttered Noodles Steamed Peas	15  General Tso Chicken or Orange Chicken  <b>FEATURED VEGGIES</b> Steamed Rice Steamed Broccoli	16  Cheeseburger Or Italian Sub  <b>FEATURED VEGGIES</b> French Fries Carrot Sticks	17  Pizza Or Chicken Fajita Wrap  <b>FEATURED VEGGIES</b> Fresh Salad Fresh Veggies	
<b>ofovo!</b> <b>Texas Smokehouse!</b> Choice of dry-rubbed BBQ chicken or pork, ranch taters, zesty country green beans, BBQ baked beans, slaw, and melons. Choice of Kaiser roll or cornbread, and a variety of BBQ sauces.					
20  Popcorn Chicken or Italian Sausage Sandwich  <b>FEATURED VEGGIES</b> Au Gratin Potatoes Steamed Green Beans	21  Taco Or Chicken Alfredo  <b>FEATURED VEGGIES</b> Fresh Salad Steamed Corn	22  Rib A Que on a Roll Or Chicken Patty on a Roll  <b>FEATURED VEGGIES</b> Hash Brown Fresh Celery Sticks	23  Pulled Pork Or Turkey & Cheese Sandwich  <b>FEATURED VEGGIES</b> French Fries Carrot Sticks	24  Pizza Or Chicken Ranch Wrap  <b>FEATURED VEGGIES</b> Chips Fresh Veggies	
<b>ofovo!</b> <b>Mac &amp; Cheese!</b> Noodles with choice of house-made cheese sauce. Add taco beef, pulled pork, buffalo chicken, or chili. Served with roasted lemon-parmesan broccoli, sautéed red peppers, and choice of shredded cheese. Customizable for (V)					
27  Chicken Nuggets or Kielbasa Sandwich  <b>FEATURED VEGGIES</b> Parsley Potatoes Steamed Peas	28  Sloppy Joe on a Roll or Fish Sticks  <b>FEATURED VEGGIES</b> French Fries Fresh Celery Sticks	29  Meatball Sub or Hot Dog on a Roll  <b>FEATURED VEGGIES</b> Buttered Noodles Steamed Green Beans	30  Jacked Up Fries or Cheesesteak  <b>FEATURED VEGGIES</b> French Fries Fresh Broccoli	31  Pizza Or Assorted Sandwiches  <b>FEATURED VEGGIES</b> Fresh Salad Fresh Veggies	(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i>  (V) Vegan <i>These items do not contain any animal products</i>
<b>Your Team</b> Bernie Kelly, General Manager 570-345-2731 ext. 357 bkelly@pgasd.com		<b>Meal Prices</b> Student Lunch \$2.55 Reduced Lunch \$0.00 Faculty Lunch \$4.00			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

